

HEALTHY PEOPLE 2020 AND PEOPLE WITH DISABILITIES

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HEALTHY PEOPLE HISTORY

- ❑ 1979 Surgeon General's Report, Healthy People: The Surgeon General's Report on Health Promotion and Disease Prevention
- ❑ Healthy People 1990: Promoting Health/Preventing Disease: Objectives for the Nation
- ❑ Healthy People 2000: National Health Promotion and Disease Prevention Objectives
- ❑ Healthy People 2010: Objectives for Improving Health





Healthy People 2010

Volume I

- Understanding and Improving Health
- Objectives for Improving Health
(Part A: Focus Areas 1-14)

HEALTHY PEOPLE 2010

Common misconceptions about people with disabilities contribute to troubling disparities in the services they receive, especially lower rates of screening tests and an "underemphasis on health promotion and disease prevention activities."

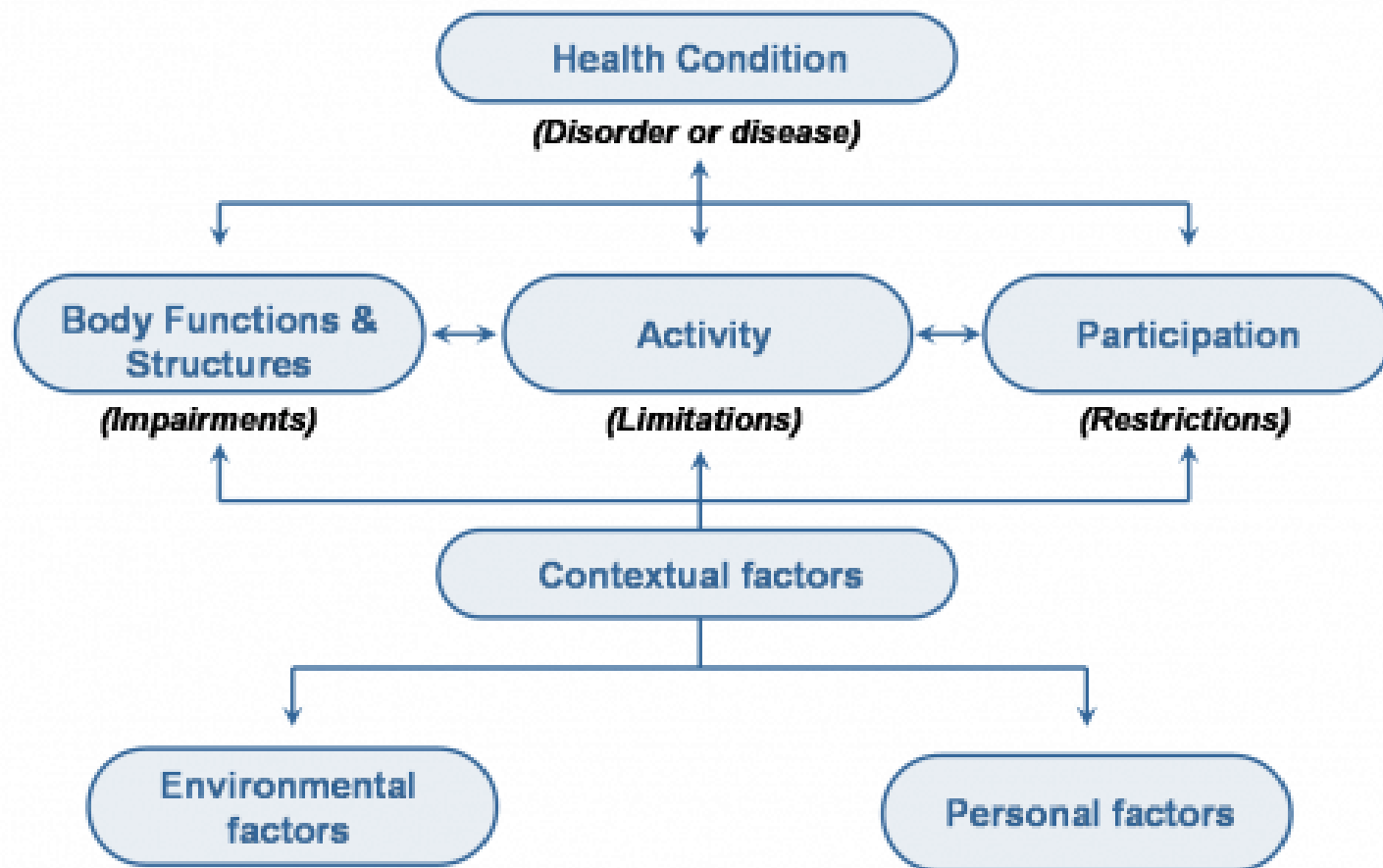


ICF

International
Classification of
Functioning,
Disability
and
Health



World Health Organization
Geneva



Healthy People 2020



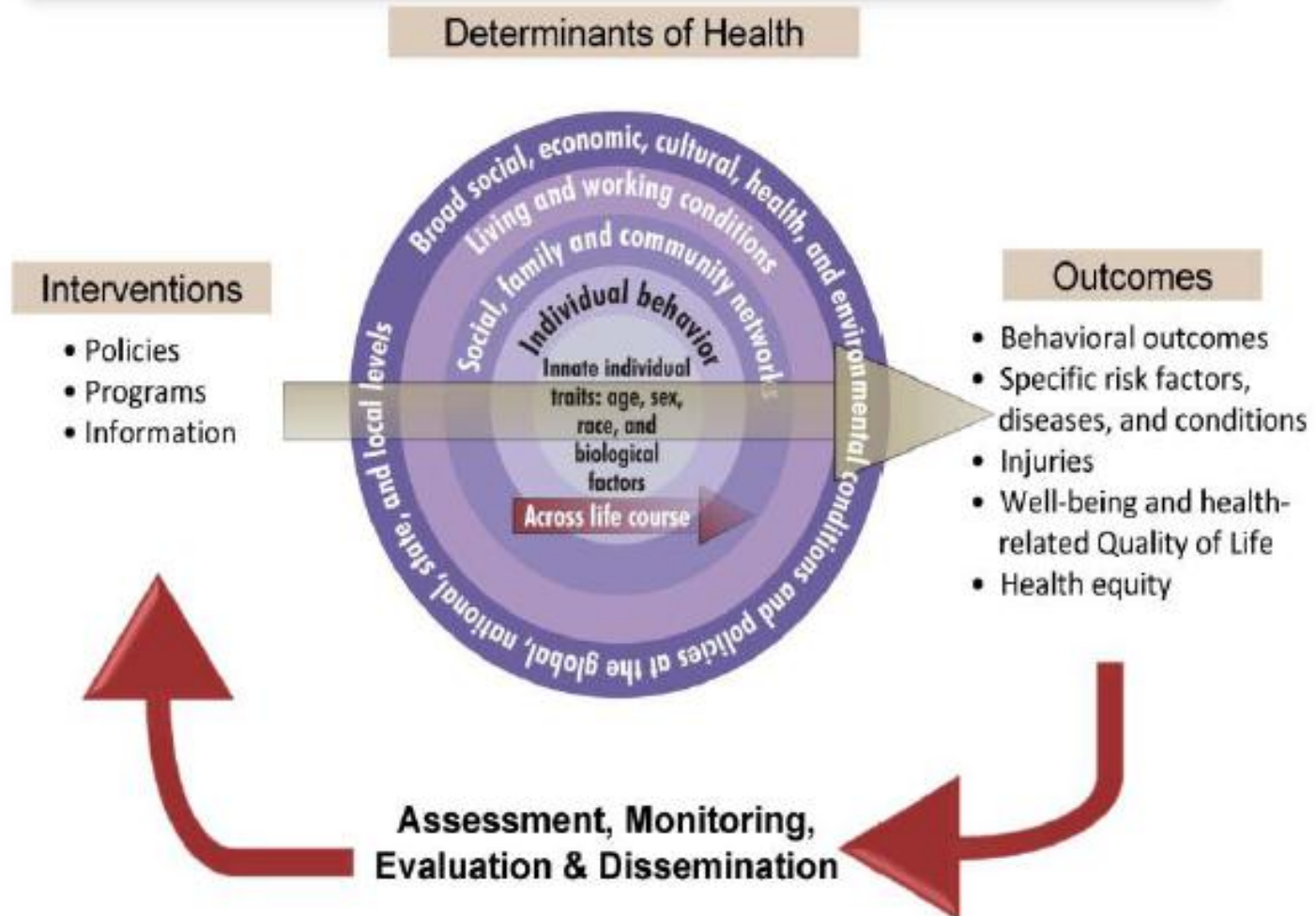
www.healthypeople.gov

SECRETARY'S ADVISORY COMMITTEE

- ❑ Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives
- ❑ CHARGE: “produce recommendations regarding the development and implementation of Healthy People 2020”
- ❑ 12 members
- ❑ Jonathan Fielding, MD, MPH, MA, MBA, Chairperson



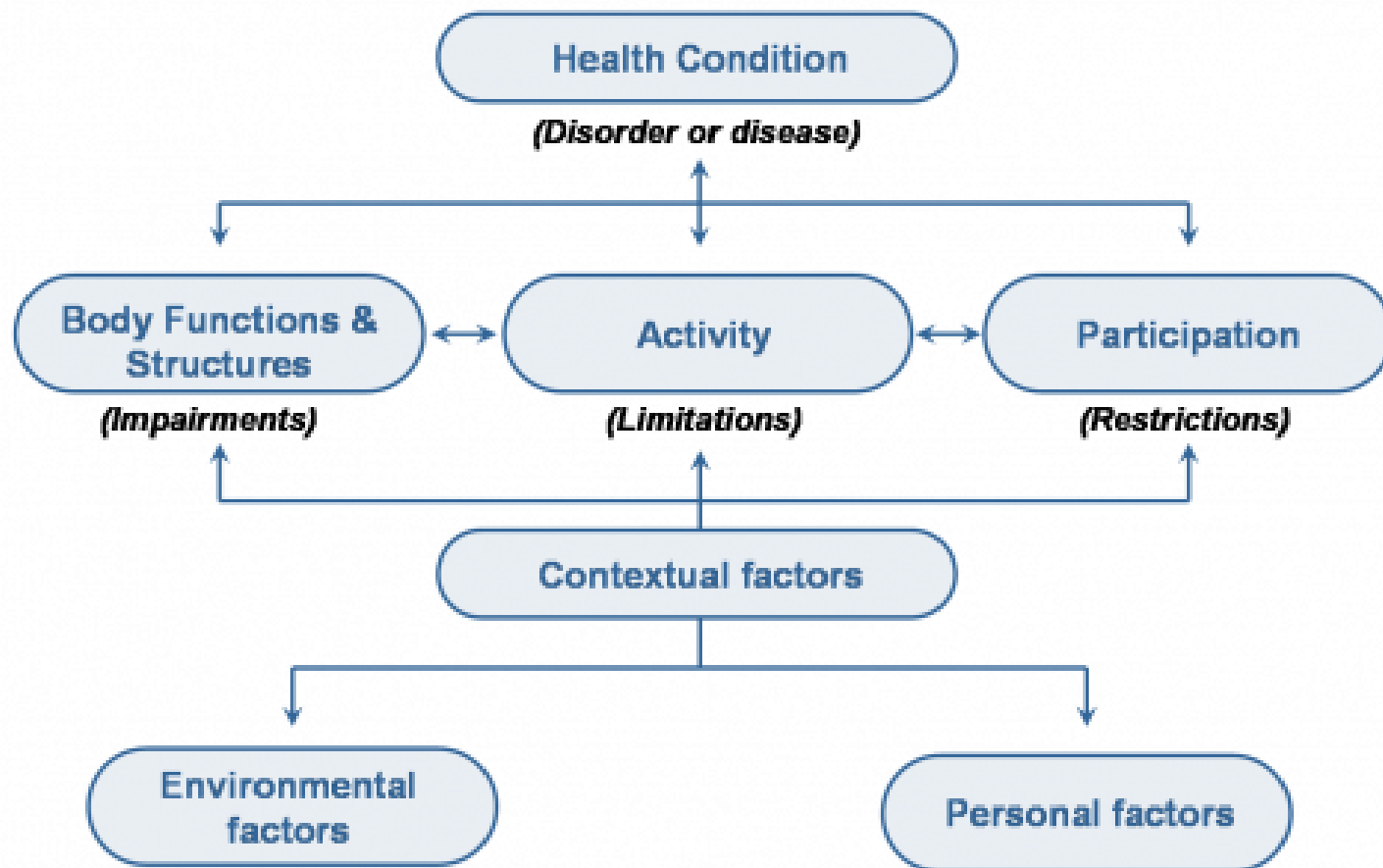
Action Model to Achieve Healthy People 2020 Overarching Goals



DETERMINANTS OF HEALTH

- ❑ Innate, individual traits
 - Age, sex, race, biological factors
- ❑ Individual behavior
- ❑ Social, family, community networks
- ❑ Living and working conditions
- ❑ Broad social, economic, cultural, health, and environmental conditions and policies at global, national, state, local levels





Healthy People 2020



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VISION

A society in which all people live long, healthy lives.



MISSION #1

- ▣ *Healthy People* strives to —
 - Identify nationwide health improvement priorities
 - Increase public awareness and understanding of the determinants of health, disease, and disability and the opportunities for progress
 - Provide measurable objectives and goals that are applicable at the national, state, and local levels



MISSION #2

- ▣ *Healthy People* strives to —
 - Engage multiple sectors to take actions to strengthen policies and improve practices that are driven by the best available evidence and knowledge
 - Identify critical research, evaluation, and data collection needs



OVERARCHING GOALS

- ❑ Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death.
- ❑ Achieve health equity, eliminate disparities, and improve the health of all groups.
- ❑ Create social and physical environments that promote good health for all.
- ❑ Promote quality of life, healthy development, and healthy behaviors across all life stages.



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Disability and Health

[Print](#)[E-mail](#)[Share](#)[Overview](#)[Objectives](#)[Interventions & Resources](#)

Goal

Promote the health and well-being of people with disabilities.

Overview

This section of Healthy People 2020 focuses on promoting the health and well-being of people with disabilities. The U.S. Census 2000 counted 49.7 million people with some type of long-lasting condition or disability.¹ An individual can get a disabling impairment or chronic condition at any point in life. Disability is part of human life, and an impairment or condition does not define individuals, their health, or their talents and abilities.



People with disabilities play an important and valued role in every community. All people, including people with disabilities, must have the opportunity to take part in important daily activities that add to a person's growth, development, fulfillment, and community contribution. This principle is central to all objectives outlined in this topic.

The Disability and Health objectives highlight areas for improvement and opportunities for people with disabilities to:

- Be included in public health activities.
- Receive well-timed interventions and services.
- Interact with their environment without barriers.
- Participate in everyday life activities.

Without these opportunities, people with disabilities will continue to experience health disparities, compared to the general population. The 2020 objectives were developed with extensive input from disability communities, and this partnership between the public health and disability communities must continue over the decade in order to meet the Healthy People 2020 objectives.

DISABILITY

An individual can get a disabling impairment or chronic condition at any point in life. Disability is part of human life, and an impairment or condition does not define individuals, their health, or their talents and abilities (*Healthy People 2020*).



PEOPLE WITH DISABILITIES SHOULD:

- ❑ Be included in public health activities.
- ❑ Receive well-timed interventions and services.
- ❑ Interact with their environment without barriers.
- ❑ Participate in everyday life activities.



PRINCIPLES OF ACTION

- ❑ Based upon ICF framework
- ❑ Focus on social and physical factors affecting persons with disabilities
- ❑ Public health efforts can affect these factors
- ❑ 3 “Principles of Action”



PRINCIPLE OF ACTION #1

- ❑ Improve the conditions of daily life by:
 - Encouraging communities to be accessible so all can live in, move through, and interact with their environment.
 - Encouraging community living.
 - Removing barriers in the environment using both physical universal design concepts and operational policy shifts.



PRINCIPLE OF ACTION #2

- ▣ Address the inequitable distribution of resources among people with disabilities and those without disabilities by increasing:
 - Appropriate health care for people with disabilities
 - Education and work opportunities
 - Social participation
 - Access to needed technologies and assistive supports



PRINCIPLE OF ACTION #3

- Expand the knowledge base and raise awareness about determinants of health for people with disabilities by increasing:
 - The inclusion of people with disabilities in public health data collection efforts across the lifespan
 - The inclusion of people with disabilities in health promotion activities
 - The expansion of disability and health training opportunities for public health and health care professionals



EMERGING ISSUES

- ❑ Include disability and health courses.
- ❑ Assess drug and alcohol abuse and their treatment among people with disabilities.
- ❑ Include and improve strategies for emergency preparedness and response for people with disabilities.
- ❑ Include people with disabilities in all health promotion efforts.



HEALTHY PEOPLE 2020 OBJECTIVES

- ❑ Document = 335 pages long
- ❑ Hundreds of objectives across topic areas
- ❑ Disability and Health objectives, p. 51
- ❑ 5 groups of disability objectives



SYSTEMS AND POLICIES

- ❑ DH-1 Identification of “people with disabilities” in data systems
- ❑ DH-2 Surveillance and health promotion programs
- ❑ DH-3 Graduate-level courses in disability and health



BARRIERS TO HEALTH CARE

- ❑ DH-4 Barriers to primary care
- ❑ DH-5 Transition planning
- ❑ DH-6 Medical care for epilepsy and uncontrolled seizures
- ❑ DH-7 Use of inappropriate medications



ENVIRONMENT

- ❑ DH-8 Barriers to health and wellness programs
- ❑ DH-9 Barriers to participation
- ❑ DH-10 Barriers to obtaining assistive devices, service animals and technology
- ❑ DH-11 Visitable features
- ❑ DH-12 Congregate care



ACTIVITIES AND PARTICIPATION #1

- ❑ DH-13 Participation in social, spiritual, recreational, community, and civic activities
- ❑ DH-14 Inclusion of children and youth with disabilities in regular education programs
- ❑ DH-15 Unemployment
- ❑ DH-16 Employment
- ❑ DH-17 Social and emotional support



ACTIVITIES AND PARTICIPATION #2

- ❑ DH-18 Serious psychological distress
- ❑ DH-19 Nonfatal unintentional injuries requiring medical care
- ❑ DH-20 Early intervention series



DATA QUESTIONS

- ❑ Each item has discussion about data source
- ❑ Persons with disabilities not identified in important national data collections
- ❑ Where will data come from to monitor *Healthy People 2020* disability objectives?



